

Advanced Training Pathway: SRH

Elective Module 6: Sexual Health

Curriculum Objective

To provide a framework on which to build expert training in the knowledge, clinical skills and professional attitudes required to provide comprehensive high-level sexual health services.

Learning Outcomes

At completion of the Sexual health Module the trainee should have demonstrable academic, clinical and professional skills relevant to comprehensive sexual health consultation and service delivery, to evidence-based standards, in the context of broader sexual and reproductive healthcare.

Learning & Assessment Requirements

Assessment	Detail	Requirement
Logbook	Sexual health consultations for the assessment of genital discharge	20
Logbook	Sexual health consultations for the assessment of genital ulceration or dermatoses	15
Logbook	Sexual health consultations for the management of bacterial, viral, fungal and protozoal sexually transmitted infections	20
Logbook	Demonstrate management of complicated upper genital tract infection (PID)	10
Logbook	Demonstrate management of STIs in pregnancy (specifically HIV, HSV, syphilis, chlamydia and gonorrhoea, trichomonas)	10
Logbook	Sexual health consultations for vulnerable women including drug and alcohol affected women, women with disability	5
Logbook	Consultations for sexual dysfunction	5
Logbook	Observe consultations for the management of sexual assault	5

Learning Outcomes

Area of Learning	RANZCOG Roles	Teaching and Learning Support	Assessment
Clinical Knowledge and Reasoning			
<i>Assess and manage a spectrum of STIs</i> <i>Demonstrate knowledge and understanding of:</i> <ul style="list-style-type: none"> The normal microbial flora of the urogenital tract, including the impact of sexual activity and contraceptive practice Clinical, histological, and radiological findings of infectious diseases involving the genital tract and the relationship between pathophysiology and symptomatology Understand asymptomatic nature of many STIs The pathogenesis of sexually transmitted infections 	CL PF HA SC	Attachment to an established provider of sexual health services	Logbook 3MA

Area of Learning	RANZCOG Roles	Teaching and Learning Support	Assessment
<ul style="list-style-type: none"> the role of your regional syphilis register and be able to seek assistance with interpretation of serology and management The principles and methods of collection, storage, and transport of specimens for the diagnosis of infections Select tests for the diagnosis of specific infections (i.e., culture, microscopy, PCR, IgG and IgM, serological tests) and understand the methodology of the test and the principles on which the tests are based Interpret the results of microbiology investigations, including microscopy, culture and antibiotic sensitivity tests The principles of antimicrobial chemotherapy of infections including mechanisms of action, the significance and implications of antibiotic resistance, and the role of antibiotic stewardship in the appropriate management and prevention of infection The legal issues and implications around contact tracing Relevant local and international evidence-based guidelines 			
<i>Assess and manage sexual dysfunction</i> <i>Demonstrate knowledge and understanding of:</i> <ul style="list-style-type: none"> How to identify and assess effectiveness of common models of counselling, including cognitive, behavioural, systems theory, solution focused and narrative, and apply to different areas of sexual health How to recognise problems and issues in counselling, such as cross-cultural and religious factors related to sexual expression. 	ME CM CL HA	Attachment to an established provider of sexual health services	Logbook 3MA
<i>Assess and manage sexual assault</i> <i>Demonstrate knowledge and understanding of:</i> <ul style="list-style-type: none"> Initial approach to a patient reporting sexual assault Local mandatory reporting requirements related to sexual assault Referral pathways and available forensic and legal services Medical options for a patient presenting acute sexual assault (PEP), and available emergency contraception and vaccination The clinical presentations of acute sexual assault in various settings e.g. sexual and reproductive health clinic/ emergency department/family practice Forensic timescales 	HA ME PF	Attachment to an established provider of sexual health services	Logbook 3MA
Clinical Skills			
<i>Assess and manage a spectrum of STIs</i> <i>Be able to:</i> <ul style="list-style-type: none"> Conduct comprehensive consultations for women of all reproductive ages including: <ul style="list-style-type: none"> history and examination risk assessment 	ME SC PF CL	Attachment to an established provider of sexual health services	APSS Logbook 3MA

Area of Learning	RANZCOG Roles	Teaching and Learning Support	Assessment
<ul style="list-style-type: none"> ○ information provision regarding relevant methods of examination, sample collection ○ collect specimens from appropriate sites ○ provision of sexual health counselling ○ management and follow up planning with the patient ● Perform appropriate and opportunistic screening for genital infections including sexually transmitted infections and cervical screening tests ● Outline alternate methods of specimen collection for patients who decline genital examination and instruct patients in self-collection of swabs and urine samples ● Discuss the role, importance and process of, and facilitate, partner notification and contact tracing ● Manage symptoms and complications associated with genital tract infections ● Discuss strategies for the prevention of future acquisition of further genital infections 			
<i>Assess and manage sexual dysfunction</i> <i>Be able to:</i> <ul style="list-style-type: none"> ● Outline the initial assessment to exclude or confirm any treatable causes of sexual dysfunction ● Discuss initial counselling, management and, if required, appropriate referral for ongoing management 	ME CM	Attachment to an established provider of sexual health services	Logbook 3MA
<i>Assess and manage sexual assault</i> <i>Demonstrate knowledge and understanding of:</i> <ul style="list-style-type: none"> ● the management of both recent and historical sexual assault with regard to initial assessment, referral for forensic examination and counselling /support ● Conducting an appropriate assessment to distinguish between consenting sexual activity among adolescents and sexual abuse ● Be familiar with state based mandatory reporting requirements 	ME CL PF SC	Attachment to an established provider of sexual health services	APSS Logbook 3MA
Professional Skills			
<i>Be able to:</i> <ul style="list-style-type: none"> ● Conduct a risk and needs assessment of the patient ● Recognise the role of chaperone in clinical examination ● Counsel sensitively about diagnoses and associated health issues ● Explain clearly and openly treatment regimes, potential side effects of drugs and complications of procedures ● Demonstrate ability to formulate and implement plan of management and modify it, if necessary ● Discuss potential consequences of not completing treatment regime with patient 	CM CL SC ME	Attachment to an established provider of sexual health services	3MA CBD

Glossary of terms

RANZCOG Roles	
ME	Medical Expert
CM	Communicator
CL	Collaborator
LD	Leader
HA	Health Advocate
SC	Scholar
PF	Professional

Teaching and Learning Strategies	
TLS	Teaching and Learning Support
eLM	eLearning module
ST	Supervised Training
HEP	Hospital Education Program (include here any hospital meetings, case reviews etc. that would be relevant)
RP	Research Project

Assessments	
LB	Logbook
3MA (Formative)	3 monthly assessments All ATMs are required to include a regular in-training appraisal, conducted 3 monthly, to be undertaken by the Training Supervisor. This should provide an opportunity to discuss aspects of the training and assessment that have been undertaken within the 12-week period of training
6MA (Summative)	6 monthly assessments All ATMs are required to include a regular in-training assessment, conducted 6 monthly, to be undertaken by the Training Supervisor. This should provide an opportunity to discuss aspects of the training and assessment that have been undertaken within the 6-month period of training
TSR	Training Supervisor Reports
DOPS	Directly Observed Procedural Skills
MSF	Multi Source Feedback
CBD	Case-based discussion
MSF	Multi Source Feedback
APSS	Assessment of Procedural Surgical Skills

Version Register

Version	Date of Version	Pages revised / Brief Explanation of Revision
1	Nov 2022	Creation