

Advanced Training Pathway: SRH

Elective Module 5: Paediatric and Adolescent Gynaecology

Curriculum Objective

To provide a framework on which to build expert training in the knowledge, clinical skills and professional attitudes required to provide comprehensive high-level care in the management of paediatric and adolescent gynaecological issues.

Learning Outcomes

At completion of the Paediatric and Adolescent Gynaecology Module the trainee should have demonstrable academic, clinical and professional skills relevant to comprehensive paediatric and adolescent gynaecological consultation and service delivery, to evidence-based standards, in the context of broader sexual and reproductive healthcare.

The trainee is expected to be able to:

- Conduct paediatric and adolescent gynaecological consultations taking account of the broader social and medical needs of each patient, to jointly make and implement an appropriate management plan.
- Demonstrate skills in diagnosing and managing the full range of paediatric and adolescent gynaecological issues at a level which supports supervision and training of others as well as problem solving for difficult cases including referral where necessary.

Learning & Assessment Requirements

Assessment	Detail	Requirement
Logbook	Consultations for the assessment and management of paediatric and adolescent gynaecological issues.	30
Logbook	Consultations for paediatric and adolescent gynaecological issues in those with special and complex needs such as medical conditions, disabilities, or social disadvantage.	15
Logbook	Consultation for the assessment and management of gynaecology issues in paediatric and adolescent clients with variations in sex characteristics, and who are trans and gender diverse.	15
Logbook	Participation in MDT meetings to discuss complex cases.	5
Logbook	Consultations for sexual and reproductive health care for the adolescent.	20

Note: contraception and abortion in the adolescent cohort is a requirement of the mandatory modules 1 (Contraception) and 2 (Medical and Surgical Abortion) of this pathway.

Learning Competencies

Area of Learning	RANZCOG Roles	Teaching and Learning Support	Assessment
Clinical Knowledge and Reasoning			
<p><i>Demonstrate knowledge and understanding of:</i></p> <ul style="list-style-type: none"> Anatomy, physiology, embryology, and histology of the female genital tract. Variations in sex characteristics, including genotypical and phenotypical aspects. Concepts of sex, sex characteristics, gender identity and gender expression; gender dysphoria; and gender affirming care, including social, medical, and surgical aspects. Social and psychological developmental processes in childhood and adolescence, and how they affect emotional regulation and decision-making in children and adolescents. The hormonal process involved in normal and abnormal pubertal development, including precocious and delayed puberty. Aetiology, clinical presentation, assessment, management, and follow-up of pre-pubertal conditions including: vulvovaginitis, vaginal bleeding and labial adhesions Menstrual disorders of adolescence, including: <ul style="list-style-type: none"> primary amenorrhoea secondary amenorrhoea heavy menstrual bleeding dysmenorrhoea The physiology, endocrinology, clinical course, management options and long-term issues associated with PCOS. Paediatric and adolescent gynaecological issues in those with special and complex needs such as: <ul style="list-style-type: none"> medical conditions those living with disabilities social disadvantage The hormonal, endocrinological, anatomical, psychological and fertility issues associated with: <ul style="list-style-type: none"> premature ovarian insufficiency, including childhood cancer survivors, Turner's Syndrome congenital gynaecological anomalies Aetiology, investigation, management, and follow-up of pelvic tumours in the paediatric and adolescent cohort. The anatomical, psychological, ethical, and legal implications of female genital mutilation. Issues surrounding child protection and sexual abuse and legal requirements for reporting these issues. Relevant local and international evidence-based guidelines. 	ME SC PF CM	Attachment to an established provider of paediatric and adolescent gynaecological services.	Logbook 3MA
Clinical Skills			
<p><i>Be able to:</i></p> <ul style="list-style-type: none"> Conduct comprehensive consultations for paediatric and adolescent gynaecology including: <ul style="list-style-type: none"> history and examination, including Tanner staging risk assessment appropriate use of chaperone for examinations information provision regarding relevant investigations and treatment modalities to both the patient and their family 	HA CL ME	Attachment to an established provider of paediatric and adolescent gynaecological services.	Logbook 3MA

Area of Learning	RANZCOG Roles	Teaching and Learning Support	Assessment
<ul style="list-style-type: none"> ○ provision of counselling including an ability to discuss clinical course and prognosis ○ management and follow up planning with the patient ● Jointly make and implement an appropriate management plan acceptable to the patient and their family. ● Assess competence, understand limitations of confidentiality and obtain appropriate consent. ● Discuss potential benefits and risks of hormone therapy ● Discuss fertility implications and arrange appropriate referral for potential fertility options. ● Identify children at risk of sexual abuse and refer appropriately. ● Negotiate referral pathways for any procedures or management not to be undertaken personally by the trainee. 			
Professional Skills			
<p><i>Be able to:</i></p> <ul style="list-style-type: none"> ● Demonstrate high level communication skills and establish rapport with the paediatric or adolescent patient. ● Counsel sensitively about diagnoses and associated health issues ensuring respect for privacy, confidentiality and social and cultural diversity. ● Explain clearly and openly treatment regimens and potential side effects. ● Recognise the importance of culturally safe health care provision 	CM LD HA	Attachment to an established provider of paediatric and adolescent gynaecological services	6MA MSF CBD

Glossary of terms

RANZCOG Roles	
ME	Medical Expert
CM	Communicator
CL	Collaborator
LD	Leader
HA	Health Advocate
SC	Scholar
PF	Professional

Teaching and Learning Strategies	
TLS	Teaching and Learning Support
eLM	eLearning module
ST	Supervised Training
HEP	Hospital Education Program (include here any hospital meetings, case reviews etc. that would be relevant)
RP	Research Project

Assessments	
LB	Logbook
3MA (Formative)	3 monthly assessment All ATMs are required to include a regular in-training appraisal, conducted 3 monthly, to be undertaken by the Training Supervisor. This should provide an opportunity to discuss aspects of the training and assessment that have been undertaken within the 12-week period of training
6MA (Summative)	6 monthly assessments All ATMs are required to include a regular in-training assessment, conducted 6 monthly, to be undertaken by the Training Supervisor. This should provide an opportunity to discuss aspects of the training and assessment that have been undertaken within the 6-month period of training
TSR	Training Supervisor Reports
DOPS	Directly Observed Procedural Skills
MSF	Multi Source Feedback
CBD	Case-based discussion
MSF	Multi Source Feedback
APSS	Assessment of Procedural Surgical Skills

Version Register

Version	Date of Version	Pages revised / Brief Explanation of Revision
1	Nov 2022	Creation