

Advanced Training Pathway: SRH

Elective Module 2: Care of Vulvovaginal Conditions

Curriculum Objective

To provide a framework on which to build expert training in the knowledge, clinical skills and professional attitudes required to provide comprehensive high-level services in care of vulvovaginal conditions.

Learning Outcomes

At completion of the Care of Vulvovaginal Conditions module the trainee should have demonstrable academic, clinical, and professional skills relevant to comprehensive vulval consultation and service delivery, to evidence-based standards, in the context of broader sexual and reproductive healthcare.

The trainee is expected to be able to:

- Conduct consultations taking account of the broader social and medical needs of each patient, to jointly make and implement an appropriate management plan acceptable to the patient.
- Demonstrate skills in diagnosing and managing the full range of vulvovaginal disorders at a level which supports supervision and training of others as well as problem solving for difficult cases including referral where necessary.

Learning & Assessment Requirements*

Assessment	Detail	Requirement
Logbook	Consultations for the diagnosis, management, and follow-up of women with common vulvovaginal disorders.	50
Logbook	Consultations for the assessment and initial management of complications of vulvovaginal disorders or complex / rare conditions.	20
Logbook	Outpatient vulval and vaginal biopsies and interpretation of histological reports.	15
Logbook	Consultations for sexual dysfunction associated with vulvovaginal disorders.	20

Learning Competencies

Area of Learning	RANZCOG Roles	Teaching and Learning Support	Assessment
Clinical Knowledge and Reasoning			
<i>Demonstrate knowledge and understanding of:</i> <ul style="list-style-type: none"> • The embryology, anatomy and physiology of the vulva and vagina. • The histological structure of the vulval skin. • The pathophysiology, epidemiology, clinical course, prognosis, and associated risks of common vulvovaginal disorders including: <ul style="list-style-type: none"> ○ Lichen sclerosus ○ Lichen planus ○ Acute and chronic contact dermatitis 	SC ME PF HA	Attachment to an established provider of vulvovaginal services Self-directed Learning	Logbook 3MA

Area of Learning	RANZCOG Roles	Teaching and Learning Support	Assessment
<ul style="list-style-type: none"> ○ Psoriasis ○ Vulvovaginal pain disorders ○ Plasma cell vulvitis ○ Desquamative inflammatory vaginitis ○ Chronic and recurrent vulvovaginal candidiasis ○ Recurrent bacterial vaginosis or other vaginal dysbiosis ○ Vulvovaginal manifestations of oestrogen-deficiency ○ Vulvovaginal ulceration • The changes in the vulva and vagina across a woman's lifespan and awareness of the physiological versus pathological appearances. • The pathophysiology, epidemiology, and management of pre-malignant conditions including usual VIN, VaIN, differentiated VIN, Paget's disease, melanoma. • The differential diagnoses for pain and pruritis of the vulva. • Awareness and diagnosis of, and referral pathways for, genital lesions caused by STIs • The differential diagnosis, evaluation and management approach of chronic abnormal discharge. • Options for biopsy techniques to include punch, shave, suture-assisted snip, forceps-assisted, and excisional. • The results of histological investigations and the histological distinction between vulvovaginal conditions. • The range of available treatment modalities for common vulvovaginal disorders including the pharmacology, routes of administration and their mechanisms of action, risks and adverse effects. • The pathophysiology, management and prognosis of complications of vulvovaginal disorders including: superinfection, scarring, pain and neoplasia. • Relevant local and international evidence-based guidelines. • The anatomy and physiology of the neo vagina and vulva • Being able to take a focused and detailed relevant history for vulvar dermatologic and pain conditions. 			
Clinical Skills			
<p><i>Be able to:</i></p> <ul style="list-style-type: none"> • Conduct comprehensive consultations for women with vulvovaginal disorders including: <ul style="list-style-type: none"> ○ history and examination ○ information provision regarding relevant treatment modalities ○ provision of counselling including an ability to discuss clinical course prognosis and risks ○ management and follow up planning with the patient • Perform appropriate investigations including directed biopsies, colposcopy, clinical photography and investigation of associated medical conditions where appropriate. • Recognise those conditions at risk of malignant transformation and arrange appropriate surveillance, investigation and referral as needed. 	SC HA CL ME	Attachment to an established provider of vulvovaginal services	Logbook 3MA

Area of Learning	RANZCOG Roles	Teaching and Learning Support	Assessment
<ul style="list-style-type: none"> Assess psychosocial and musculoskeletal factors affecting patients with vulvovaginal conditions and commence initial management such as counselling and desensitisation. Negotiate referral pathways for any vulvovaginal procedures or management not to be undertaken personally by the trainee. Appreciate and utilise a multidisciplinary team in the management of vulvovaginal disorders, including chronic pain. Perform a systematic and thorough examination of the external genitalia (vulvar, perineum, perianal areas) including all mucocutaneous surfaces (assessing skin, anatomy, inflammation, and/or lesions). 			
Professional Skills			
<i>Be able to:</i> <ul style="list-style-type: none"> Deliver the highest quality care with integrity, honesty and compassion. Exhibit appropriate personal and interpersonal professional behaviours. Practise medicine ethically and in a manner consistent with the obligations of a physician. Demonstrate awareness of data storage and protection requirements. Demonstrate awareness of patient privacy concerns regarding digital photography Understand the effects of vulvovaginal disorders on various aspects of quality of life. Appreciate and explain the expected timeframe between treatment and response. Triage clinical referrals. 	CM HE SC ME PF	Attachment to an established provider of vulvovaginal services	6MA MSF

Glossary of terms

RANZCOG Roles	
ME	Medical Expert
CM	Communicator
CL	Collaborator
LD	Leader
HA	Health Advocate
SC	Scholar
PF	Professional

Teaching and Learning Strategies	
TLS	Teaching and Learning Support
eLM	eLearning module
ST	Supervised Training
HEP	Hospital Education Program (include here any hospital meetings, case reviews etc. that would be relevant)
RP	Research Project

Assessments	
LB	Logbook
3MA (Formative)	3 monthly assessment All ATMs are required to include a regular in-training appraisal, conducted 3 monthly, to be undertaken by the Training Supervisor. This should provide an opportunity to discuss aspects of the training and assessment that have been undertaken within the 12-week period of training
6MA (Summative)	6 monthly assessment All ATMs are required to include a regular in-training assessment, conducted 6 monthly, to be undertaken by the Training Supervisor. This should provide an opportunity to discuss aspects of the training and assessment that have been undertaken within the 6-month period of training
TSR	Training Supervisor Reports
DOPS	Directly Observed Procedural Skills
MSF	Multi Source Feedback
CBD	Case-based discussion
MSF	Multi Source Feedback
APSS	Assessment of Procedural Surgical Skills

Version Register

Version	Date of Version	Pages revised / Brief Explanation of Revision
1	Nov 2022	Creation