

10 Top Actions to Improve Hauora Wāhine/Women+



Wāhine/women+ at the centre



Integrated, accessible, fully funded multidisciplinary care



Strong leadership and governance



Robust systems and workforce planning

1 A health system where wāhine/women+ can thrive *recognising that*

- wāhine/women+ hold the whakapapa which connects tamariki/children, whānau/family and hāpori/community
- wāhine/women+ have unique health needs that change across their life course

2 A wāhine/women+ health strategy

- that addresses the specific and unique needs of wāhine/women+
- includes a formal needs assessment of current issues in wāhine/women+ health in Aotearoa
- considers the social determinants of health and importance of whānau

3 A hauora wāhine/women+ plan *that*

- ensures services are delivered in a coordinated, sustainable and integrated manner
- sees wāhine/women+ and their communities supported by health professionals to achieve their health goals
- empowers wāhine/women+ to the services they need
- ensures all wāhine/women+ achieve their health potential

4 Community based care close to home

- primary care competent and confident in providing hauora wāhine/women+ care
- strong linkages between primary care providers, and between primary and hospital services when required
- enhanced prevention services, including for cervical (HPV) and breast cancer, and non-invasive prenatal testing (NIPT)

5 Equitable access without cost barriers

- all wāhine/women+ are enabled to access the care they need, when they need it
- the need for wāhine/women+ to partly self fund services is eliminated

6 A comprehensive maternity system

- strengthened interdisciplinary collaboration
- designed to better support the increasingly complex needs of wāhine/women+
- fully funded to provide the basics of care, for example ultrasound
- addresses the mental health needs of wāhine/women+

7 Visible integrated leadership within the new health system for wāhine/women+ health matters *including*

- integrated view across maternity care, gynaecological care, sexual and reproductive health, including screening and prevention
- integrated view across community based services and specialist and hospital care
- integrated view across public and private and ACC funded care

8 Accountability for quality

- governance and monitoring of hauora wāhine/women+ care delivery, performance, and outcomes
- high quality clinical and performance data at a local and national level
- data collected includes consumer measures such as patient-reported outcome measures (PROMS) and patient-reported experience measures (PREMS)
- oversight shared with expert advisory groups such as the National Maternity Monitoring Group (NMMG) and Perinatal and Maternal Mortality Review Committee (PMMRC)

9 A national, integrated IT system

- IT structures in place to enable prospective data collection for all aspects of wāhine/women+ care delivery that guides continuous quality of improvement of practice and service delivery
- data sharing is enabled between community services and between community and hospital based services
- investment in ensuring data quality at local and national level

10 Workforce planning

- current shortages and future needs addressed
- strong multi-disciplinary team that includes primary care providers, obstetricians and gynaecologists, midwives, nurses and other specialist groups
- development of a workforce that is clinically and culturally competent
- wāhine/women+ leadership is fostered