

# RANZCOG Wellbeing Awards

## Policy and Guidelines

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### 1. Background and purpose

Obstetrics and Gynaecology is a highly rewarding career which also entails many emotional and physical demands. The RANZCOG Wellbeing Award is part of a range of initiatives aimed to support, acknowledge and encourage all members to champion health and wellbeing in O&G departments, hospitals and the wider medical profession.

The Wellbeing Award was established in 2021, as part of the rollout of initiatives established by the RANZCOG Wellbeing Working Group. This annual award celebrates the actions and initiatives of individual RANZCOG members, as well as the actions and initiatives from groups that have resulted in improved support and wellbeing within the O&G profession.

### 2. The Awards

There are two types of wellbeing awards:

- An individual award, with up to three winners awarded each year
- A group award, with up to two winners awarded each year

#### 2.1 Individual Award

##### Eligibility Criteria – Nominee

To be eligible for nomination for the award, the nominee must be a RANZCOG member, this includes, Fellows, Diplomates, SIMGs, Trainees, Certificants and those with a Prevocational Affiliate Membership.

##### Eligibility Criteria – Nominator

Nominations may be submitted by RANZCOG Members, hospital administrators, medical practitioners who are not members of RANZCOG, midwives, nurses and RANZCOG staff members. Please note for individual awards, self-nominations will not be accepted.

##### Selection Criteria

Nominations will be assessed on the below criteria. All criteria are weighted equally.

1. **Positive Contribution:** the extent to which the individual made a positive impact by championing mental and/or physical health and wellbeing.
2. **Sustained Outcome:** the extent to which the action or initiative(s) can continue to provide positive outcomes in the future (this may include undertaking reviews and implementing feedback for improvements or enhancements).
3. **Personal Attributes/Values:** the extent to which the individual displays RANZCOG's Organisational values of kindness and respect in their everyday interactions with others (e.g., colleagues, patients, trainees, College staff).

## The Award and Entitlements

The award is in the form of a citation, framed certificate and gold lapel pin, the winner will also receive the below entitlements.

- **Registration:** full registration costs of State Scientific Meetings/New Zealand Annual Scientific Meeting
- **Meals:** Complimentary tickets for recipient (and guest) to State Scientific Meetings/New Zealand Annual Scientific Meeting dinner
- **Travel and accommodation:** Travel and accommodation are not provided by the College and costs will not be paid or reimbursed by the College.

## Presentation

It is intended that the award will be presented at a RANZCOG forum considered appropriate to the nature of the award recipient and initiative(s), and which may be dependent on the availability of the recipient(s).

## 2.2 Group Award

### 2.2.1 Eligibility Criteria – Nominee

Nominees can be any group of two or more individuals that have helped support the health and wellbeing of RANZCOG members. Nominee groups may include O&G departments, RANZCOG Committees and relevant Community Groups or Organisations.

### 2.2.2 Eligibility Criteria – Nominator

To be eligible to submit a nomination for the award, the nominator must be a RANZCOG member, this includes, Fellows, Diplomates, SIMGs, Trainees, Certificants and those with Prevocational Affiliate Membership, or RANZCOG staff member.

## Selection Criteria

1. **Positive Contribution:** the extent to which the group established positive change by championing mental and/or physical health and wellbeing.
2. **Sustained Outcome:** the extent to which the action or initiative(s) can continue to provide positive outcomes in the future.
3. **Engagement and consultation:** the extent to which collaboration was exhibited with O&G professionals during the development, implementation and review process (if applicable)

## The Award and Entitlements

The award is in the form of a citation, promotion of initiative and framed certificate. The winning group will receive \$100 for each individual within the group, capped at a total amount of \$1000.

- **Registration:** one person for each group is to be nominated to receive full registration costs of State Scientific Meetings/New Zealand Annual Scientific Meeting
- **Meals:** the nominated recipient will receive complimentary tickets for themselves (and guest) to State Scientific Meetings/New Zealand Annual Scientific Meeting dinner
- **Travel and accommodation:** Travel and accommodation are not provided by the College and costs will not be paid or reimbursed by the College.

## Presentation

It is intended that the award will be presented at a RANZCOG forum considered appropriate to the nature of the award recipient and initiative(s), and which may be dependent on the availability of the recipient(s).

## 3. Nomination and Selection Process

### 3.1 Nominations for the Award

Eligible persons and/or groups interested in nominating an individual or group for the award will be required to complete and submit the appropriate form. All requirements and any accompanying information specified on that form must be completed and submitted by the deadline specified by the College.

### 3.2 Adjudication

Nominations will be open annually mid-year for a period of four to eight weeks.

Nominations for the award will be assessed by the RANZCOG Wellbeing Working Group with a quorum of seven members voting.

The panel will be asked to score each application on the provided criteria, which will be equally weighted.

Votes and proposed award winners will be submitted to the RANZCOG Board for final approval.

Nominators will be advised of the success or not of their nominations and nominees will only be advised if their nomination is successful

### 3.3 Conflict of Interest

Any Wellbeing Working Group member who has a conflict of interest with those nominated must declare this to the Wellbeing Coordinator. Depending on the individual situation and context it will be determined whether that member will be allowed to vote on the nomination in question. If a Board member moves to overturn a decision, any conflict of interest must be stated to the Wellbeing Coordinator.

## 4. Related Documents

- [Wellbeing Award Application Form – Individual](#)
- [Wellbeing Award Application Form – Group](#)
- [Honours and Awards Policy and Guidelines](#)

Policy Version	Version 1
Policy Owner	People and Wellbeing
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Please contact [wellbeing@ranzcog.edu.au](mailto:wellbeing@ranzcog.edu.au) with any queries regarding this document.