COVID-19 vaccine and breastfeeding

At this time the Australian and New Zealand Governments support the use of an approved COVID-19 vaccination in breastfeeding women. Breastfeeding women do not need to stop breastfeeding to receive the vaccine.

If you need help with breastfeeding call:
Australia 1800 686 268
New Zealand 0800 933 922

There is no evidence of additional risks to breastfeeding women or their children from an approved COVID-19 vaccine. COVID-19 vaccines approved for use in Australia and New Zealand do not contain a live virus.

Prior to receiving the COVID-19 vaccination it is important that breastfeeding women discuss the COVID-19 immunisation with their health professional.

Research shows that antibodies made by a mother’s body after having COVID-19 are available to her child via her breastmilk.

Links to further information:
www.who.int/news-room/q-a-detail/coronavirus-disease-(covid-19)-vaccines-safety
www.ncbi.nlm.nih.gov/pmc/articles/PMC7568930/

For more information visit: Australia | www.breastfeeding.asn.au/bfinfo/covid-19
New Zealand | www.babyfriendly.org.nz/resource/finding-support/