

Activities That Earn CPD Points

Teaching

- Teaching of registrars, midwives and health care workers
- Training Supervision of junior medical staff
- Mentoring (eg of junior colleagues)
- Presentations at meetings
- Developing a presentation for a meeting
- Preparation of journal articles or editing peer reviewed journals
- Participation in research projects
- Preparation and marking of examination papers
- Development of curriculum
- Public health promotion (talk shows)
- Presenting in-service to rural staff
- Workshops for public/consumers

Attendance at educational meetings

- International meetings (ie RANZCOG, PSRH, AOFOG, other)
- Skills Update workshops
- Hospital O&G meetings
- National O&G society meeting
- National medical society meetings
- Attendance at medical educational meetings in other areas other than O&G

Reviewing your practice

- Develop a Practice Review project to identify an area for improvement and monitor changes and results over a period of time.
- Maternal and perinatal mortality morbidity review meetings and audit meetings
- Adapting existing clinical guidelines for local conditions and implementing these in the hospital
- Preparing protocols for hospitals or health services
- Practice Review visit from O&G specialist colleague
- RANZCOG educational CD ROMs
- Analysing data for practice statistics
- Clinical attachment at another hospital with documented goals/aims of the attachment and an implementation plan for your own hospital.
- Practice visit for a colleague at your own hospital
- Implementation of clinical guidelines
- Peer review activities
- Attendance at ALSO course

Reading and learning

- ANZJOG, Logic or other scientific publications
- JASS – journal article summary service
- RANZCOG O&G, Pacific Dialogue, WHO Safe Motherhood newsletter or other magazines
- WHO Practical guides, for example “Managing Complications in Pregnancy and Childbirth: A guide for midwives and doctors” (available on line and as a hard-copy manual)
- Other journal services as provided on the CPD program webpage

Self education

- Research
- Distance Education Programs
- Clinical attachment to another hospital