

SUPPORT PROGRAM INFORMATION

Who can use the Support Program?

All Australian and New Zealand Fellows, Specialist International Medical Graduates (SIMGs) and Trainees can utilise the Converge Support Program. The service is also available to RANZCOG College Staff.

How can I book a session?

You can call 1300 687 327 (Australia) or 0800 666 367 (New Zealand) to talk to an operator and arrange a session. Alternatively, for an email or call back to arrange a session fill out the form [here](#).

How many sessions am I allowed?

You are eligible for four(4) fully subsidised counselling sessions in a 12 month timeframe.

Do sessions have to be face-to-face?

If you would prefer a face-to-face session, there are many counsellors available throughout Australia and New Zealand (see following page). Alternatively, phone sessions and video sessions (via Zoom) are also available.

How long are the counselling sessions?

Counselling sessions go for 60 minutes.

Am I able to cancel or reschedule a counselling session?

Yes, you can cancel your counselling session and reschedule for another time. If you cancel within 24 hours of your scheduled booking, unfortunately, you will forgo that session.

Are my immediate family able to use the service?

Yes! Immediate family members can utilise subsidised counselling sessions. Before an immediate family can book a session, there is an approval process. No identifying information is passed along to the college as part of this process.

Is it confidential?

Yes! No one from the College will know you have booked a session unless you tell them. Check out Converge's Privacy Policy [here](#).

What type of questions do Converge ask when booking a session?

Converge ask questions including name, date of birth and best contact number on your initial call to book a session. Identifying information is not passed along to the college.

What information does RANZCOG receive?

RANZCOG receives quarterly reports that details usage (e.g. 1 new client case, 4 existing) and the location by state, territory or New Zealand. All data reported to RANZCOG is deidentified.

What can I discuss in a counselling session? Does it need to be work related?

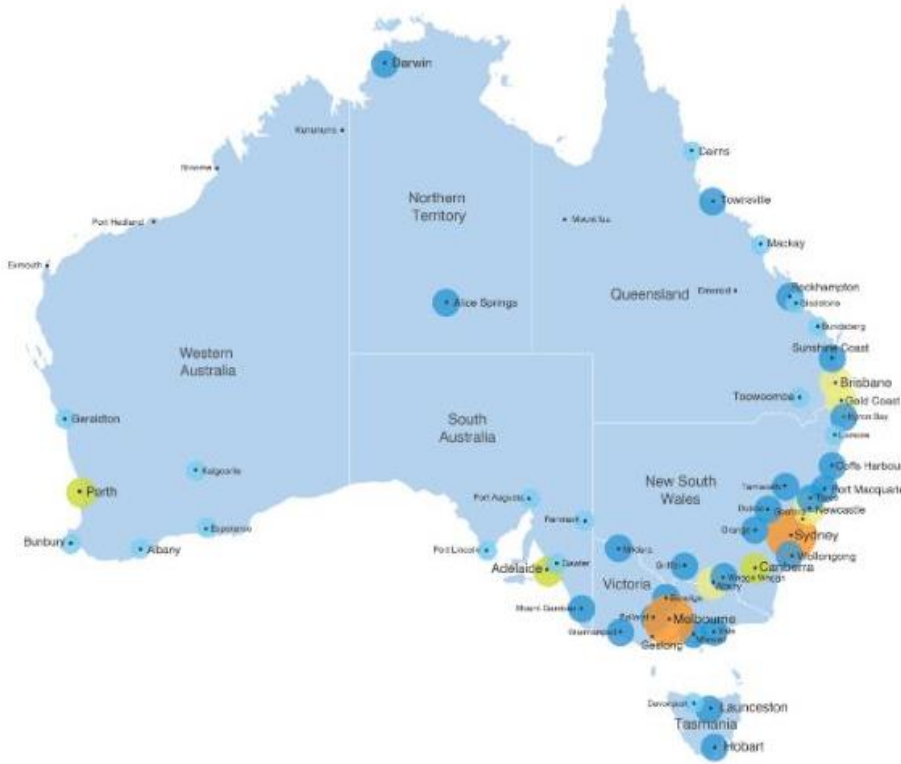
Counselling sessions do not have to be about work issues. It could be about personal relationship challenges, communication issues or financial troubles. If it's something that's relevant to your wellbeing, Converge can help!

Contact Converge on 1300 687 327 (Australia) or 0800 666 367 (New Zealand)

Check out the RANZCOG Member Support and Wellbeing page [here](#)

COUNSELLOR LOCATIONS

AUSTRALIA



Converge consultants are located within reach of more than 95% of Australians for face-to-face consultations

- More than 250 consultants
- More than 100 consultants
- More than 50 consultants
- More than 10 consultants
- More than 5 consultants
- Fewer than 5 consultants

COUNSELLOR LOCATIONS

NEW ZEALAND

Vitae Contracted Counsellors Locations

